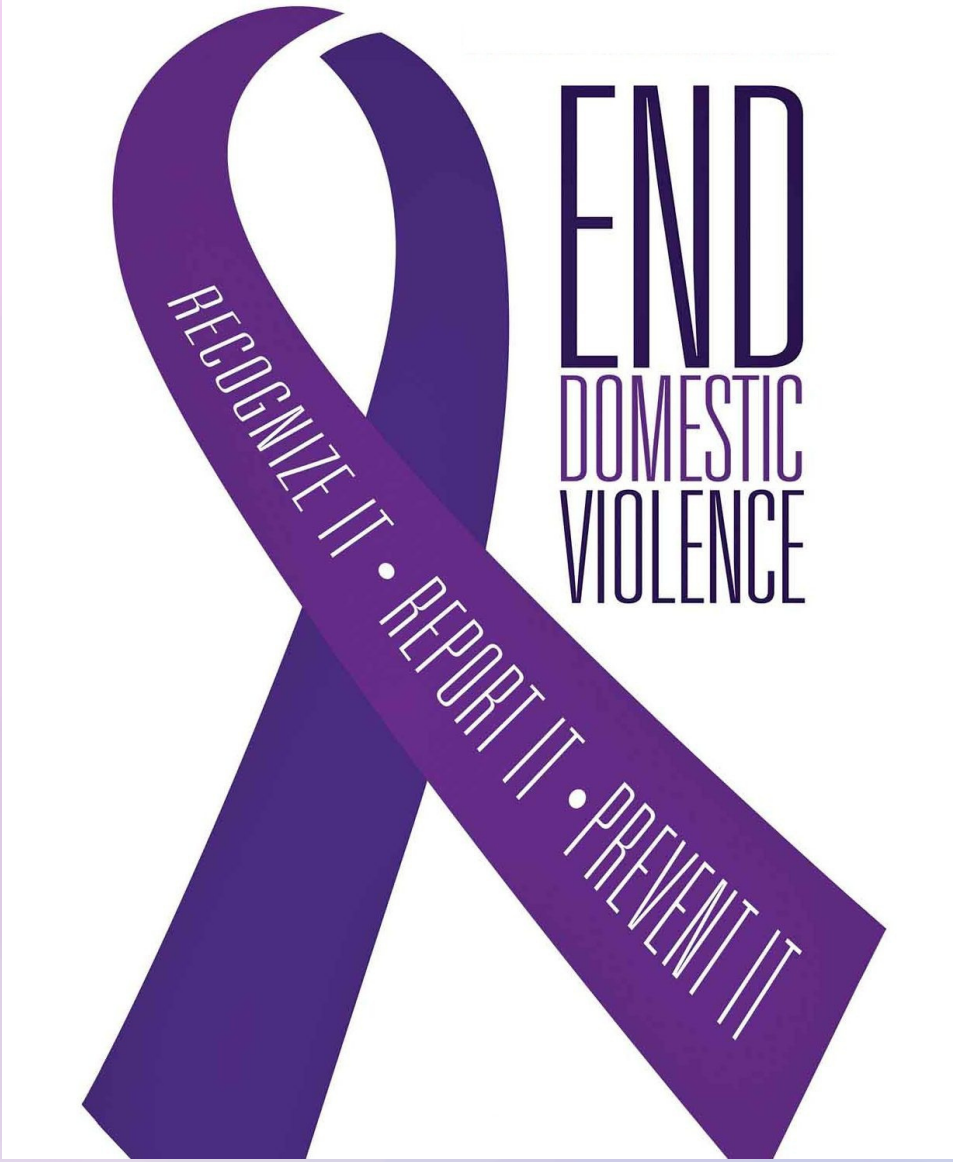
Indian Society of WA
Women's Wing



Supported by

GOVERNMENT OF WESTERN AUSTRALIA

Department of **Local Government, Sport and Cultural Industries**
Office of **Multicultural Interests**

COMMUNICARE
CREATING FUTURES

ISWA FDV Booklet II

Indian Society of Western Australia (ISWA) is a non-profit organisation incorporated in 1972, serving as peak umbrella body of the Indian community in Perth. ISWA aims to assist, encourage, participate and initiate those activities which promote the wellbeing, social, cultural and educational aspirations of our community.

There are over 100,000 people of Indian origin living in Western Australia and contributing to the wider community. Family & domestic violence is a complex issue around the globe that encompasses a range of abusive behaviours, affecting individuals physically, socially, sexually, technologically, verbally, culturally, spiritually, and financially. According to the Australian Bureau of Statistics 2023, 2 in 5 Australians have experienced physical or sexual violence. However, 95% of men & 80% of women who have experienced violence from a current partner have *never* contacted the police.

There are many Australian Indians who face difficulties in relationships, breakdown, disrespect and Family & Domestic Violence. Victims are helpless, they suffer in silence, do not know their rights in Australia and whom to turn to for help.

ISWA Women's Wing works rigorously and swiftly with a number of service providers and government organisations to increase awareness amongst the community on this important issue. As a community, it is our duty to protect and look after the wellbeing of those that are vulnerable within the community.

ISWA provides free family advocacy and counselling sessions in WA. We are working in collaboration with Ishar Multicultural Women's Health Services, Communicare creating futures, Department of Home Affairs and the City of Canning. This booklet is supported by the Office of Multicultural Interests.

ISWA FDV booklet II is aimed to provide users with information about Family Domestic Violence, their rights in Australia and under Australian law, how to stay safe in a relationship, how to respond to Family Violence and where to go and whom to contact in times of crisis as well as Australian Visa support.

ISWA Management Committee 2022-24

ISWA Management Committee 2022-24

President: Mr. Satish Nair **Vice President**: Mr. Deepak Gupta

Secretary: Mr. Deepak Sharma **Assistant Secretary**: Mr. Rakesh Bhan
Treasurer: Mr. Subrata Bhattacharjee **Assistant Treasurer**: Mrs. Kirtida Shah
I**mmediate Past VP**: Mr. Veeranna Sataraddi

Committee Members:
Mr. Binod Agarwalla Mr. Jasjit Mann Mr. Rohan Amlani Dr. Divya-Jyoti Sharma Mrs. Bithika Kastha

ISWA Women's Wing

Indian Society of WA Women's Wing is a subcommittee of ISWA Management Committee, which aims to assist and encourage initiatives which promote the social, cultural, educational and career aspirations of the Indian Australian woman in WA.

To empower, enable and integrate women of Indian origin in WA, ISWA promotes education, leadership, social networking and personal development of women by providing opportunities to connect – breakfast sessions, digital literacy workshops, family advocacy, support and counselling sessions, women only swimming classes, career supporting platforms and first-aid courses for women.

We as women need to retain our positive self-concept and the courage to be independent and self-reliant. Empowering ourselves, allows us to fulfil our multiple roles as a mother, daughter, sister, wife, daughter-in-law, a friend and a professional with remarkable harmony and ease. We hence become the role model we hope to see in society.

We encourage and invite you all to join ISWA, come along and share your ideas. Be part of ISWA Women's wing.

TOGETHER WE CAN

Email: womenwing@iswa-perth.org
https://iswa-perth.org/iswa-womens-wing/
https://www.facebook.com/groups/ISWAWomensWing
ISWA women's wing WhatsApp support group

ISWA
Indian Society Of Western Australia

MANAGEMENT COMMITTEE 2022-2024

Satish Nair
PRESIDENT

Deepak Gupta
VICE PRESIDENT

Deepak Sharma
SECRETARY

Kirtida Shah
ASST. TREASURER

Subrata Bhatacharjee
TREASURER

Rakesh Bhan
ASST. SECRETARY

Binod Agarwalla

Dr Divya-Jyoti Sharma

Jasjit Singh Mann

Rohan Amlani

GENERAL COMMITTEE MEMBERS

Bithika Kastha
WOMEN GENERAL COMMITTEE MEMBER

Veeranna Sataraddi
COMMITTEE MEMBER
Immediate Past VP

ISWA

INDIAN SOCIETY OF WESTERN AUSTRALIA

in collaboration with member associations

Family Advocacy and Counselling Sessions

COMMUNICARE
CREATING FUTURES

Every 4th Tuesday'

9.30 am - 12.30 pm

FREE

Ishar

Every 2nd Tuesday'

9.30 am - 12.30 pm

FREE

Venue
ISWA Centre
58 Burrendah Boulevard, Willeton

More information :

womenwing@iswa-perth.org

ISWA Help Line - 1800 004 792

PROUDLY SUPPORTED BY

Department of **Local Government, Sport and Cultural Industries**
Office of **Multicultural Interests**

GOVERNMENT OF WESTERN AUSTRALIA

Domestic and family violence and your visa

We can support victims of domestic and family violence by assisting them to regularise their visa status.

Domestic and family violence service providers

There are organisations to help you with counselling, support and advice.

Counselling services and helplines can help you identify what you can do and find the right services or support for you.
You don't have to give your name or any other identifying information, so you can choose to remain anonymous, or to use a fake name. How much information you give is up to you.

Legal services can provide you with assistance on family court, police and immigration matters. Depending on your financial circumstances and the details of your case, you may be entitled to public funding (also known as legal aid).

Service providers can provide you with assistance with housing, finances, food and medical needs.

For **free interpreter services**, see the Translating and Interpreting Service (TIS National).

- Website: Translating and Interpreting Service (TIS National)
- Phone: 131 450 (24 hours, 7 days).

Copyright: https://immi.homeaffairs.gov.au/visas/domestic-family-violence-and-your-visa

EMERGENCY PHONE NUMBERS

Emergency Services	
Police, Ambulance, Fire	000
Housing	
Entry point	1800 124 684 / 6496 0001
Domestic and Family Violence	
WA Police	000 / 131 444
Crisis Care Helpline	9223 1111 / 1800 199 009
Women's Domestic Violence Helpline	9223 1188 / 1800 007 339
Men's Domestic Violence Helpline	9223 1199 / 1800 000 599
Communicare Individual & Family Support Services	9751 5777
Centrecare FDV Counselling and Support Service	9325 6644
Multicultural Support Service	
Multicultural Women's Advocacy and Support	9328 1200
Ishar Multicultural Women's Health Services	9345 5335
Multicultural Services Centre WA	9328 2699
Legal Advice and Assistance	
Circle Green Community Legal	6148 3636
Women's Legal Service WA	9272 8800
Legal Aid WA	926 16804
Citizen Advice Bureau	9221 5711
Mental Health	
Lifeline	13 11 14
Kids Helpline	1800 551 800
Mental Health Emergency Response	1800 676 822
Financial Hardship	1800 007 007
Debt Helpline	

If the service, you require is not listed above please visit https://waconnect.org.au/

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